



Day of Caring

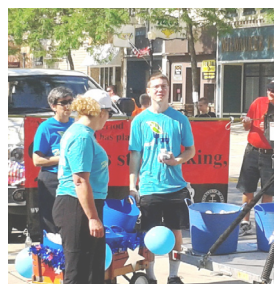
On July 19 more than 20 “magical elves” visited our facility to help in a number of areas as part of United Way’s annual Day of Caring program. The volunteers worked in the Fresh Produce Processing Center, organized the supply room, steamcleaned floors, threshed the weeds, painted knicks on the wall, watered plants, cleaned windows, washed the truck, folded and gift-wrapped knitted blankets and so much more. Thank you to everyone who helped! These “little” things make a BIG difference in how efficiently we can serve our clients – Thank you!



Patriotic Fun



The weather couldn’t have been better for Sheboygan’s Fourth of July parade. Meals On Wheels of Sheboygan County along with staff and volunteers walked along the route dispersing hand cream donated by Shoreline Skin Specialists for the grown up “kids” as well as treats for the little ones.



Meals On Wheels was proud to showcase longtime friend and client Pat in the parade.

The Scoop

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Sheboygan, WI 53081
P 920.451.7011
www.SheboyganMealsOnWheels.org

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United Way of
Sheboygan County



The *Fresh* Faces of Meals On Wheels

Gerald and Catherine Lilyquist were newlyweds when Gerald went to serve in the 28th Infantry Division during World War II. Catherine was home with a baby on her knee when she learned that her husband had been wounded fighting in France – he had been shot in the face and head.

Gerald spent nine months in the hospital and has a metal plate in his head but has lived his life to the fullest. Today, Gerald, 92, and Catherine, 88, are still married and boast a family that includes six children, 15 grandchildren and 27 great-grandchildren.

One of their sons, Brian Lilyquist, along with his wife Barbara, are actively involved as volunteers at Meals On Wheels and we are so happy they are all part of our MOW family.

Dinners from Meals On Wheels allowed Gerald and Catherine to focus on living, stay in their home and eat nutritious and tasty meals. 



The Scoop



Meals On Wheels of Sheboygan County, Inc.

Summer 2013



Dear Friends,

The lazy days of August? Not!

Meals On Wheels of Sheboygan County has had a busy summer filled with new adventures that come with owning a building next to the woods – like snakes, bees and squirrels on the outside.

Inside, we continue to thrive thanks to our wonderful community who provide us with produce deliveries, volunteering and ongoing support.

Summer kicked off with a garden extravaganza, June-A-Palooza. This fundraising event not only raised money for our building fund, but also generated awareness of what we do and engaged many new people in our community.

We invite you to take time to deliver meals, label bags or harvest produce that can be donated to our kitchen. Serving and feeding those in our community who have already “paid their dues” as service men and women, mothers, fathers and volunteers is what we do. Consider gathering your family together and deliver meals for an hour.

You will be amazed at the conversations that develop and the personal growth that benefits not only those you are delivering to, but to you and your family as well.

Also, please take a moment to check in on the welfare of your neighbors. Heat related illnesses take their toll during the hot months of summer and can really impact seniors in our community.

As you can see from the story below, we are going full-force accepting produce donations from growers around the county. We recently accepted a truck-full of watermelons from Acuity and challenged our culinary staff to create a dessert with it -- guess what? The watermelon cheesecake was incredible!

The best part of our new FRESH approach is that our clients love the tasty and nutritious meals. We are so grateful to live in a community that values and cares for its neighbors.

As we prepare for Fall harvests, we are in need of adults who can help process the produce in our state-of-the-art Produce Processing Center. Please call us at 920-451-7011 if you can help!

Wishing you a fall season full of fun!

Kind Regards,

Kelly Heyn, Executive Director

Perfect Produce

Rhubarb, potatoes, lettuce, oh my! Members of our community are stepping up and donating produce from their very own gardens.

We are able to accept this wonderful array of garden treats thanks to our specially-designed Fresh Produce Processing Center. These items are thoroughly cleaned and preserved on site and either incorporated into daily meals, frozen for later use, and/or distributed to the local food bank.

“It’s been a great asset to our program,” said Scott Erdmann, food service director.

Here’s how it works, community gardeners and local growers come to our kitchen entrance between

the hours of 7:00 and 9:00 a.m. or 11:30 a.m. and 3:00 p.m. bringing fresh fruit and vegetables from their gardens.



Jane, our produce operations coordinator, has an enviable track record amongst growers in our community. Her garden prowess ties in remarkably with her background in social work and as a professional cook. She gracefully incorporates all of her skills and talents for the betterment of the people we serve daily.

The produce is then stored in a separate refrigeration unit before being brought into the Processing Center where the fruits and vegetables are sanitized.

This room is segregated from the main kitchen to avoid cross contamination. After being cleaned and sanitized, the produce can be used fresh, blast frozen or cooked in a Combi oven—which uses a combination of moist and dry heat to cook produce more efficiently.

“We make great and flavorful items that our clients really enjoy,” said Jane Nauschultz, produce operations coordinator.

Some of the tasty tidbits include rhubarb desserts, fresh salads and colorful vegetable side dishes. 🌱

Meals On Wheels graciously thanks the following individuals and organizations for their generous support from 4.01.13 through 7.31.13

In Memory of:

Betty Abel and Lester Kuhn

Sharon Stoltzman

Ron Barthel

Germaine Erdmann
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Melissa Bauer created watermelon cheesecake bars with watermelons donated by our friends at Acuity - it was a hit with clients and staff!

JUNE-A-PALOOZA

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This past June was our inaugural June-A-Palooza fundraising gala held at Christopher Farms & Gardens on the outskirts of Sheboygan.

Despite slightly overcast skies, the rain held out and the guests enjoyed themselves tremendously. From the Asian-style brat skewers and Schaum Tortes, to the Pinot Grigio and June-A-Palooza special brew by New Glarus, the food and beverages were a delicious and plentiful complement to a divine setting.

The hand-painted oversized forks were also a huge hit and will surely be part of next year's festivities. For a visual overview, please tour the footage captured by a drone flying high above the gardens: www.vimeo.com/68958880.

We'd like to give a great big thank you to Jay W. Christopher and Laura Stayer, our first co-chair's for this event. Stay tuned for 2014 plans and be sure to "Like" us on Facebook for updates.



In-Kind Donors



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Free Tours

Wondering what lies behind the walls at Meals On Wheels? We invite you to tour our new building to see the offices and astounding kitchen which produces more than 300 meals a day – all from scratch.

Our wonderful volunteer docent, Brian Lilyquist, is offering tours to the public at 1 p.m. Thursdays, with one week's reservation.

Recently, about 50 listeners of 1420 AM, The Breeze had the chance



Executive Director Kelly Heyn gives a tour to Sheboygan Chamber Leadership Institute members.

to take advantage of this opportunity and toured the facility. Their resounding feedback – "I didn't know they did all that!"

"The biggest highlight was the cleanliness of the kitchen and the care and consideration that goes into the meals," said Bill Horsch, general manager of The Breeze.

Reservations ARE REQUIRED one week in advance. To schedule your tour please contact our office at 920-451-7011.

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A note of Thanks:

So many families and individuals choose to honor or remember their loved ones by helping others. All gifts to Meals On Wheels are special and are treated as such. Without your support people in our community would be placed on a waiting list for food – an unthinkable reality in many places in the U.S.

In some way memorials feel like a special covenant with families – and that is how we see them, very humbling. Families trust in our ability to genuinely make the most of a donation to honor their wishes and the person/people they treasure.

Recently one of our long-time volunteers, Bob Kuehlmann, lost both of his brothers in less than a week...another unthinkable reality. Our hearts break

for him, yet we hope that his family can gain some comfort from knowing that his friends and family are choosing to give memorials to Meals On Wheels in celebration of Ed and Fred's lives.

We are so thankful to all of you.

