### Cal & Chris Breunig enjoy serving together

For Chris and Cal Breunig, delivering meals has been a way to spend time together, make connections and serve. The Breunigs moved to Sheboygan Falls from Appleton in 2020. The couple had enjoyed ringing bells together for the Salvation Army prior to their move. When Chris saw an ad for Fresh Meals On Wheels drivers, they thought it sounded like something they would enjoy doing together.

"I am a driver at heart," said Cal, an army veteran who has driven military vehicles, school buses, and municipal snowplows. "Chris loves the delivering and talking with people, so it's the perfect fit."

The couple started just after FMOW shifted to weekly bulk meal delivery to minimize contact during the pandemic. Volunteers drove FMOW vans, and routes could take up to two hours.

"For us, that's two hours chatting in the car, and we get to enjoy seeing the countryside," Chris said. only serve, but also do something together."

Over time, Chris and Cal got to know and care for their clients. Cal enjoys hearing the their stories and gets a kick out of delivering to the man who yells, "Here come my wheels!" every time Cal brings his

"It's amazing how much they can say in just a few minutes," Chris said. "You really build a relationship."

Chris and Cal's caring and dedication really showed one day when they got to the last delivery for the day - to a woman with dementia. Normally, Chris would put her food away, set out her meal for the day and sit with her for a while. That day, the building's fire alarm was going off, so she took the woman outside and sat with her on the porch while Cal called 911. A fire truck and police car arrived, but the first responders had trouble turning off the alarm.



For Cal and Chris Breunig, delivering meals is a way to serve together.

"The van had to get back to Meals On Wheels for an afternoon route, so Cal returned the van, and I sat with the client until he came back," Chris said. "I would not have been comfortable

When FMOW returned to daily delivery, Chris and Cal opted to continue serving the clients who wanted to stay with weekly bulk delivery. "I really feel like I have a friendship with some of these people," Chris said.

leaving her alone."

#### Volunteer **Opportunities**

- Deliver meals
- Assist in the kitchen
- Help in the gardens
- Assist with events

For more information or an application, visit freshmealsonwheels.org/ volunteer or call Nicole at 920-451-7011.

\* Background checks are required for all volunteers.

#### Wendy & Nicole greet everyone with smiles

The two smiling faces you see when you walk into Fresh Meals On Wheels belong to Office Assistant Wendy Kaeppler and Volunteer Coordinator Nicole Hand. Wendy transitioned from kitchen volunteer to office employee in March 2020 and helped manage the changes needed for delivery during the pandemic. Nicole took over the volunteer coordinator position last May



Office Assistant Wendy Kaeppler, left, and Volunteer Coordinator Nicole Hand work together to ensure delivery goes smoothly everyday.

and jumped right in adding more volunteer groups and taking care of the dozens of volunteers needed each day.

Interested in volunteering? Need to change your volunteer schedule? Have a question about volunteering? Call 920-451-7011 or email volunteers@freshmealsonwheels.org.

# The Scoop

Meals On Wheels of Sheboygan County, Inc.

1004 S. Taylor Drive Sheboygan, WI 53081

920-451-7011

www.FreshMealsOnWheels.org

Fresh -

**Board of Directors 2022** David Pittner, President Paul Mentink, Vice President Greg Weggemann, Secretary Saunders Kohn, Treasurer

Julia Hollister Ingrid Horn Julie Meyer Michael Larson Chuck Miesfeld Barbara Peterson Juju Senfft **Heather Swart** Ted Vallis Ron Van Rooyen

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Sheboygan, Wisconsin

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The Scop
From Fresh Meals On Wheels
of Sheboygan County Get Involved: **REFER SOMEONE IN NEED OF MEALS** 





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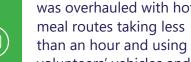
**TAKE A TOUR** 



**SHARE THE BOUNTY** FROM YOUR GARDEN







accomplished.

continuation of bulk meal deliveries in the afternoons for those who prefer it.

the completion of my first year serving as CEO of Individuals and volunteer Fresh Meals On Wheels. It has been a journey and an groups returned to help lahonor. We began the year bel bags, chop produce, fold still operating in a fullnewsletters, package food blown pandemic and with for pet deliveries, and work an abundance of concern. in the gardens. Businesses Thanks to a wonderfully and organizations have involved Board of Directors resumed outreach and team building to benefit those we and a staff who believe in our mission, much was serve. It has been great to have the building humming

The St. Nick's Dinner, sponsored by Christopher Farm & Gardens, returned in 2022.

Mid December marked

Things are looking brighter

We continue our tradiwith activity again! It was also wonderful to tion of operating without a waiting list and we did it host special events such as with no debt despite a 50% Ladies' Day, June-A-Palooza, the volunteer appreciaincrease in expenses and a 27% increase in people tion tailgate party and A's game, and our St. Nick's served. Our delivery model holiday event. was overhauled with hot

As we head into a new year, help is needed to covvolunteers' vehicles and the er the ever-increasing food

costs in order to continue making a positive impact on the elderly and homebound in our community. The fresh meals and friendly visits provide our neighbors and their loved ones peace of mind. Thank you

Winter 2022-23

Wishing you a joyous 2023,

Allesa Thaysu Allison Thompson



for making this possible.

920.451.7011 www.FreshMealsOnWheels.org

# Team building returns to Fresh Meals On Wheels

Fresh Meals On Wheels was bustling with volunteers this year—and it was wonderfull Groups from Cleveland State Bank, Camp Minikani, Sargento and Kohler worked in the gardens and kitchen, a group of ladies from St. Luke's Methodist Church decorated cookies, a group from Kohler Credit Union helped us get ready for June-A-Palooza, and

three students from South High School helped organize our pet food deliveries. We are so thankful for these groups and all the others who helped FMOW this year!

If your group would like to volunteer or take a tour, contact us at 920-451-7011.





























## We'd like to say THANK YOU to these generous supporters!

#### In Memory of:

**Ted Berg** Karen Berg **Kenneth Bermke** 

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Dottie Koene **Herb Boeldt** Elizabeth Boeldt

**Dick Brantmeie** Janet Brantmeier

**Ken Cesar** Debbie Cesar

**Steve Eckhardt** Cindy Eckhardt

**Winnie Eggers** Jennifer Eggers

**Judith Gottsacker** Constance Koenig

that time, we have also

had tremendous support

from International Subaru

in Sheboygan. The staff at

made the holidays brighter for

meal recipients by collecting

holiday cards, and delivering

In the market for a new car?

toiletries, shelf-stable food

and puzzle books, sending

as Fresh Meals On Wheels.

goodie bags to clients.

**International Subaru has** 

**Ronald & Shirlee Graumann** Dan & Pam Duesing

**Dorien Hammann** Gerhard & Sue Bohme Judith Menne

John Hiebing

**Lewis Hildebrand** 

Frances & Clarence Jurss Shirley Hoye Larsen

Don & Virginia Zastrow

Mary Leahy

\* SUBARU **share the love**" EVENT

Fresh Meals On Wheels is very grateful for the more

than \$40,000 we have received from Subaru America's

Share the Love event in the last eight years. During

You too can share the love! Just head to International

Jan. 3, 2023. Subaru will donate \$250 to one of four

Subaru and purchase or lease a new Subaru by Tuesday,

national charities, including Meals On Wheels America,

which shares its proceeds with local organizations such

Cecelia Hiebing

Don & Virginia Zastrow

Herb V. Kohler

**Shirley Kohls** Gerald Kohls

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**Joe Schetter** Wisconsin Spine Center

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www.FreshMealsOnWheels.org

Watch our website and Facebook page

for details about Soup On Wheels 2023,

Thursday, February 23.

a curbside meal pick-up event happening

Enjoy delicious homemade soup, desserts

and more while supporting Fresh Meals

On Wheels of Sheboygan County!

Fresh Fr

Meals On Wheels



In October, Fresh Meals On

add to this new treasure.

Wheels held a soft opening for

our Heirloom Garden, a sensory

garden featuring a commemorative

assorted plantings. Stay tuned for a

spring opening as we continue to

brick patio, figure-eight pathway and



To order a commemorative brick, visit:

Fresh Meals On Wheels.org/donate

### The **Heirloom Garden** Unveiled

The Heirloom Garden is a welcoming place for people with **Alzheimer's Disease and** other cognitive and/or physical challenges (and their caregivers and families) to relax and enjoy nature in a non-judgemental, stress-free setting.

Items still the Heirloom

- · soil
- · plants
- sensorv decor
- water feature · pergola
- patio furniture





