

Cal & Chris Breunig enjoy serving together

For Chris and Cal Breunig, delivering meals has been a way to spend time together, make connections and serve. The Breunigs moved to Sheboygan Falls from Appleton in 2020. The couple had enjoyed ringing bells together for the Salvation Army prior to their move. When Chris saw an ad for Fresh Meals On Wheels drivers, they thought it sounded like something they would enjoy doing together.

"I am a driver at heart," said Cal, an army veteran who has driven military vehicles, school buses, and municipal snowplows. "Chris loves the delivering and talking with people, so it's the perfect fit."

The couple started just after FMOW shifted to weekly bulk meal delivery to minimize contact during the pandemic. Volunteers drove FMOW vans, and routes could take up to two hours.

"For us, that's two hours chatting in the car, and we get to enjoy seeing the countryside," Chris said.

"It's fun and it allows us to not only serve, but also do something together."

Over time, Chris and Cal got to know and care for their clients. Cal enjoys hearing their stories and gets a kick out of delivering to the man who yells, "Here come my wheels!" every time Cal brings his food.

"It's amazing how much they can say in just a few minutes," Chris said. "You really build a relationship."

Chris and Cal's caring and dedication really showed one day when they got to the last delivery for the day - to a woman with dementia. Normally, Chris would put her food away, set out her meal for the day and sit with her for a while. That day, the building's fire alarm was going off, so she took the woman outside and sat with her on the porch while Cal called 911. A fire truck and police car arrived, but the first responders had trouble turning off the alarm.



For Cal and Chris Breunig, delivering meals is a way to serve together.

"The van had to get back to Meals On Wheels for an afternoon route, so Cal returned the van, and I sat with the client until he came back," Chris said. "I would not have been comfortable leaving her alone."

When FMOW returned to daily delivery, Chris and Cal opted to continue serving the clients who wanted to stay with weekly bulk delivery. "I really feel like I have a friendship with some of these people," Chris said.

The Scoop

Meals On Wheels of Sheboygan County, Inc.
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www.FreshMealsOnWheels.org



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Team building returns to Fresh Meals On Wheels

Fresh Meals On Wheels was bustling with volunteers this year—and it was wonderful! Groups from Cleveland State Bank, Camp Minikani, Sargento and Kohler worked in the gardens and kitchen, a group of ladies from St. Luke's Methodist Church decorated cookies, a group from Kohler Credit Union helped us get ready for June-A-Palooza, and three students from South High School helped organize our pet food deliveries. We are so thankful for these groups and all the others who helped FMOW this year!

If your group would like to volunteer or take a tour, contact us at 920-451-7011.



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www.FreshMealsOnWheels.org



Watch our website and Facebook page
for details about **Soup On Wheels 2023**,
a curbside meal pick-up event happening
Thursday, February 23.

Enjoy delicious homemade soup, desserts
and more while supporting Fresh Meals
On Wheels of Sheboygan County!

To order a commemorative brick, visit:
FreshMealsOnWheels.org/donate

The Heirloom Garden Unveiled

The Heirloom Garden is a welcoming place for people with Alzheimer's Disease and other cognitive and/or physical challenges (and their caregivers and families) to relax and enjoy nature in a non-judgemental, stress-free setting.

Items still needed to grow the Heirloom Garden include:

- soil
- plants
- sensory decor
- water feature
- pergola
- patio furniture