

Fresh Meals On Wheels paves path of love, brick by brick

July 24, 2020

SHEBOYGAN — Fresh Meals On Wheels of Sheboygan County, Inc. (FMOW) is laying the groundwork for another 50 years of serving Sheboygan County families.

This will be done through the sale of commemorative bricks that will create a walkway through the FMOW property, and eventually form the framework for a universally designed garden behind the building.

The Oasis Garden will be an idyllic spot at FMOW, designed to protect the critical waterway just west of the property — Willow Creek — while serving as a destination that sparks memories for seniors while growing healthy foods that will be incorporated into client meals.

The Oasis will be a warm, welcoming place where those with Alzheimer's disease and other intellectual and/or physical challenges (and their families and caregivers) can relax and enjoy nature in a non-judgmental, stress-free setting.

Bricks are available in two sizes. Each donor determines the inscription — such as in honor or memory of a loved one, or to celebrate a milestone or special event.

Donors may also choose one of 20 clip art options, such as a flag, flower, or religious symbol.

Proceeds will help FMOW continue to provide the care and love our senior, disabled and homebound neighbors need as they age safely and in place.

To order a brick or meals, please visit <u>www.freshmealsonwheels.org</u> or call 920-451-7011.

For 50 years, FMOW has provided tasty, nutritious, home-delivered meals to Sheboygan County's senior, disabled, and homebound residents. Since 2012, meals have been made in FMOW's Christopher Family Kitchen using fresh, local ingredients from the FMOW gardens, or donated by local farmers and gardeners.

During the COVID-19 pandemic, FMOW has gone to nocontact, weekly meal delivery.

Volunteer Caring Callers regularly check in with clients by phone, providing peace of mind for clients and their families.

Fresh Meals On Wheels of Sheboygan County has no waiting list or income restrictions. For more information, call 920-451-7011 or visit www.freshmealsonwheels.org.

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